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THE NEWS

STONE MOUNTAIN FIRST UNITED METHODIST CHURCH

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Book Club On Zoom—October 13 at 7:30 p.m. (7:30 meeting time so folks at work can join)

The Stone Mountain First United Methodist Church Book Club has chosen for its next book *Follow the River* by James Alexander Thom. The story begins in 1755 when Mary Ingles, twenty-three and pregnant with her third child, is kidnapped by Shawnee Indians from her home in Virginia. As the *Indianapolis News* wrote, "It takes a rare individual not only to see that history can live, but also to make it live for others. James Thom has that gift." The book is available on Google Play as an EBook, Thriftbooks.com (used for \$3.99), Barnes and Noble, Amazon, and Apple Books. Neither the DeKalb or Gwinnett libraries have copies.

After Follow the River we have decided to read The Book of Lost Friends by Lisa Wingate.

If you are interested in joining the Stone Mountain First Book Club, please send your email address and phone number to Susan Dietz at sidezt4@gmail.com.



We appreciate your generous contributions that have made the way for us to re-open the Sanctuary and ensure our building is safe for all.

Your faithfulness is amazing, Church!

THE CO-OP NEEDS FOOD For Our Neighbors

The Stone Mountain Co-op Ministry
New Fall Hours:
Monday and Wednesday 10:00—1:30 p.m.
Friday—10 a.m.—12 Noon

The following items are needed: *Soups

- *Jelly *Peanut Butter *Canned veggies
- *Canned fruits *Canned meats, *Toilet paper,
- *Toothpaste *Soap, *Dried beans/peas,
- *Any other non-perishable items.



We have created an email account for Prayer Requests:

prayersstonemountainfumc@gmail.com

It will be checked continually and emailed to the prayer team.

Budget Report—August 2020

Receipts: \$19,313.38

Expenses: \$22,246.67

(\$2,933.29)



Daylight Saving Time Ends On November 1, 2020



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SMFUMC STAFF

Dr. Ellen ShepardPastor
Rev. Joel WigginsAssistant to Pastor
In Community Engagement &
Youth Ministry
Rebecca P. BallDirector of Music and
Worship Arts
Porter DraughonOrganist /
Accompanist
Sandy SeaburyAdministrative Asst.
Daisy WilliamsOffice Manager
and Financial Secretary
Savanah HawkinsChildren's Nursery
Mary FinleyChildren's Nursery
Vivian RobinsonWorship Team
Rev. Lahronda LittleWorship Team
Molly BagleyCandler Intern
Amy LazzaroniCandler Intern
CI WI

October 2020

A Playful Walk in the Park

When I walk in the Park in the mornings, I often listen to podcasts. I was surprised this morning when Brene Brown was focusing on the article that I shared with you in our September edition of The News. It was the article about our diminished surge capacity because of the pandemic. She likened it to being in a hurricane with the windows blown out of your house and you were only half way through the storm. You can't go back and you can't seem to move forward. Your feet feel like they are 40 pounds of concrete. Yep, life in the Corona.

Dr. Brown connected our wellbeing to the ability to play. Play is restorative. I did a little research of my own to understand the qualities of play and why it helps restore us. Play is: Active ...Adventurous and Risky ...Communicative ...Enjoyable ...Involved ...Meaningful ...Sociable and Interactive ...Symbolic...Therapeutic and Voluntary. Play can transform us and heal us. Play is time spent without purpose. Like listening to music, cutting the grass (if you enjoy it), gardening, movies, something creative like knitting or weaving or canning.

Now for a quick story. Kelly and I have been spending some Fridays with our youngest grands who are 3 and 6. Most of what we do is swim, picnic and play. This last Friday, it was all about Shep trying to catch a frog, play with the frog, and talk his Mom into letting the frog, named Rose, come home. It was hours long. There was a picnic with really great food. Kelly Ann was just as involved, but a little "scared." We were playing together. We then played several matches of tetherball. The day was so restorative. There was also a fair amount of hugging which helped tremendously. It seems we were already working on restorative behavior.

Another thing I am excited about is in-person worship at Stone Mountain First. I know that being together, hearing Porter on the organ and listening to Becky sing in person, having communion, and worshipping our Lord will all be restorative. I hope you will consider joining us. We can take 22 family units – it will be a bit tedious as we get used to new precautions. But so worth it. Restorative.

Let me know if you are playing. See you in church! Ellen+



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Our Stone Mountain First Church Community

October Sermon Series - Preaching the Parables as found in Matthew's Gospel: Oct 4—Parable of the Tenant Farmers Oct 11—Parable of the Wedding Party Oct 18—A Question About Taxes Oct 25—The Great Commandment

New Bible Study

The Lion, the Mouse and the Dawn Treader: Spiritual Lessons from C.S. Lewis's Narnia

Wednesday Mornings at 10:30 - Noon. **Facilitator: Lori Surmay (on Zoom format)**

See Website or Facebook page.

~ Sunday School at 10:00 ~

Sunday School each week on Facebook Live "chat" with your church family. For access to Sunday School together https://us02web.zoom.us/j/82738720413 or

> to listen on our Facebook Page: https://www.facebook.com/SMFUMC

~ Worship at 11:00 - In the Sanctuary ~

Must register online or by calling the church office (770-469-9767) by each Thursday at 4 p.m.

You can also worship thru Facebook live at 11:00. Links will be available on our website as well.

*** Prayer Concerns ***

Gerald Williams Mary Craft Vivian's sister, Carolyn **Ruth Richards** Baby Caleb Isis Springer Lowell & Ann Abel,

"The Village Church"

Churches that are re-opening

The North Georgia Conference of the UMC The Sanders, Fleming, and Croke Families Uvalyn Patterson, Zoeann Drumand's

Mother.

Rebecca Beacham's brother and sister-in-law.

~ In Sympathy ~

Our church family extends sincere sympathy and prayers to the family and loved ones of Don Bogue, Kathleen Bogue's brother, who died on September 15, 2020.

Don was the Drum Major Emeritus of Atholl Highlanders, USA, Pipes and Drums Stone Mountain, Georgia, and a dear friend of Stone Mountain Church, and his band met here for over 20 years. You might like to know that Don installed our porch light timers so we'd be extra safe.

Birthdays & Anniversaries

Happy Birthday!



- 2 Cathy Ledbetter
- Lance Little
- Betty Tucker
- Paula McCullough
- 10 Tom Cooper
- 17 Rebecca Beacham
- **Kevin Hawkins** 19 Jackie Hicks
- Damali Monagan
- 22 Barbara Spivey
- 23 Edna Autry
- 25 Carolina Bonelli
- 26 Kathy Thorne
- 27 Mike Sanders
- 28 Sue Burton Chere' Funderburg
- Daisy Williams

********* ~ No Anniversaries in October ~



Please Join Us for Prayer Each night at 7 p.m.

We are using the zoom platform (www.stonemountainfirst.org) for computer.

The number for phone is 1-929-205-6099, and meeting id: 488 474 720.

Project Transformation Fall Ministry

September started the first ever fall programming for Project Transformation N. GA! Sept 19th was our first fall distribution day. Throughout the fall PTNG will be supporting 12 families (24 kids) in the Greater-Stone Mountain area with school at home supplies, fresh produce, and children's books. If you would like to volunteer you can sign up online at

tinyurl.com/volunteerptng

(be sure to pick the option for Stone Mountain Distribution). The News Page 3

The Church in Action . . .



Congratulations to Mr. & Mrs. Hawkins!











Our Candler Interns





